WHAT IS CLAIMED IS:

1	1. A pillow comprising:
2	A pillow body having a midsection and a pair of ends, wherein the pillow
3	body is curved and has an average radius of curvature in the range from about 6 inches to
4	about 16 inches, wherein the pillow has a length from one end to the other end in the range
5	from about 21 inches to about 42 inches, and wherein the pillow body is both firm and
6	flexible to permit the pillow body to be wrapped about a user.
1	2. A pillow as in claim 1, wherein the pillow body comprises a fill
2	material that is stuffed within an outer cover.
1	3. A pillow as in claim 2, wherein the fill material comprises polyester
2	fibers, and wherein the outer cover comprises a cotton fabric.
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1	4. A pillow as in claim 1, wherein the ends of the pillow body are
2	rounded.
1	5. A pillow as n claim 1, wherein the midsection of the pillow body has
2	an average width in the range from about 5 inches to about 10 inches and an average height in
3	the range from about 4 inches to about 9 inches.
1	6. A pillow as in claim 1, wherein the ends have an average width in the
2	range from about 3 inches to about 10 inches and an average height in the range from about 1
3	inch to about 9 inches.
1	7. A pillow as in claim 1, wherein the ends are spaced apart from each
2	other in the range from about 14 inches to about 28 inches.
1	8. A pillow as in claim 1, wherein the pillow body comprises an
2	inflatable bladder.
1	9. A pillow as in claim 1, further comprising a removable slip cover that
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2	is configured to fit over and closely conform to the shape of the pillow body.
1	10. A pillow as in claim 9, wherein the slip cover includes an opening and
2	a fastener to close the opening.

2	providing a pillow comprising a pillow body having a midsection and a pair of
3	ends, wherein the pillow body is curved and has an average radius of curvature in the range
4	from about 6 inches to about 16 inches, wherein the pillow has a length from one end to the
5	other end in the range from about 21 inches to about 42 inches, and wherein the pillow body
6	is both firm and flexible to permit the pillow body to be wrapped about a user;
7	placing the pillow onto a lap of a user who is sitting down, with the midsection
8	being adjacent the user's stomach and with the ends extending around the user's sides; and
9	supporting an item using the pillow.
1	12. A method as in claim 11, wherein the item comprises a baby, and
2	further comprising feeding the baby while being supported by the pillow.
1	13. A method as in claim 12, further comprising nursing the baby while
2	being supported by the pillow.
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l -	14. A method as in claim 11, wherein the item comprises a book, and
2	further comprising reading the book.
1	15. A method as in claim 11, wherein the user is sitting in a chair having a
2	pair of arms, and further comprising adjusting the pillow so that the ends are positioned
3	between the arms of the chair and the user's sides.
l	16. A method as in claim 11, wherein the pillow body comprises a fill
2	material that is stuffed within an outer cover.
1	17. A method as in claim 16, wherein the fill material comprises polyester
2	fibers, and wherein the outer cover comprises a cotton fabric.
l	18. A method as in claim 11, wherein the ends of the pillow body are
2	rounded.
ł	19. A method as in claim 11, wherein the midsection of the pillow body
2	has an average width in the range from about 5 inches to about 10 inches and an average
3	height in the range from about 4 inches to about 9 inches.
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A method for supporting an item, comprising:

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- 1 20. A method as in claim 11, wherein the ends have an average width in 2 the range from about 3 inches to about 10 inches and an average height in the range from 3 about 1 inch to about 9 inches.
- 1 21. A method as in claim 11, wherein the ends are spaced apart from each other in the range from about 14 inches to about 28 inches.
- 1 22. A method as in claim 11, wherein the pillow body comprises an 2 inflatable bladder, and further comprising inflating the bladder.
- 1 23. A method as in claim 11, further comprising a removable slip cover 2 that is configured to fit over and closely conform to the shape of the pillow body, and further 3 comprising placing the slip cover over the pillow body.